



## Donate

Every donation of money or time - no matter how big or small - means we can support more people with breast cancer and their whānau at a time when they need it most.

We're the only national organisation in New Zealand with a sole focus on providing peer support to those who have (or have had) breast cancer, as well as their whānau, friends, and caregivers.

## Volunteer

We love to hear from other women and men who would like to use their breast cancer experience to support others in a similar situation.

## Contact us

**0800 273 222**

[support@breastcancersupport.org.nz](mailto:support@breastcancersupport.org.nz)

## Visit us

[www.breastcancersupport.org.nz](http://www.breastcancersupport.org.nz)

 [breastcancersupportnz](https://www.facebook.com/breastcancersupportnz)

Breast Cancer Support Aotearoa Inc. (BCS) is a registered charity CC 10436. Our trained peer support volunteers provide information and support based upon their own experiences and do not give medical advice.



**Breast  
Cancer  
Support**

**AOTEAROA**

'We've been there too'

**Having breast cancer is a  
transformative experience.  
We know because we've  
been where you are.**

**0800 273 222**

[www.breastcancersupport.org.nz](http://www.breastcancersupport.org.nz)



### **Tū rangatira ai** **'We've been there too.'**

Sometimes you need the support of someone who has experienced breast cancer too.

Reach out to us for help and you'll be welcomed into a safe and confidential community of support, acceptance, and aroha for as long as you need.

We provide information, emotional support, and practical coping tips from our own experience to help you navigate yours.

### **Would you like to talk to someone?**

If you want to talk to someone about what you're going through, call us for confidential support.

***Our telephone line is available from 8:30am to 5:00pm, 365 days a year.***

We do not give medical advice but can help you process the 'information overload' a diagnosis of breast cancer can bring.

**Call us**  
**0800 273 222**

## **Our services**

### **Peer support**

From local community group meetings to individual support via phone or video calls, we want you to know you're not alone.

### **Buddy programme**

Our Buddy Programme matches newly diagnosed women or men of any culture, ethnicity or age with a trained breast cancer Buddy who gives emotional and practical support for an extended period of time after diagnosis.

### **Personal stories**

Visit our website to read the stories of others who have experienced breast cancer. See the pathway they walked and the life they're living now.

